

San Clemente/La Pata/ Antonio 69 Miles		
R	Pacific Coast Highway	0.0
Stop @ Laguna Main Beach		15.3
R	Del Prado Ave	22.7
R	Golden Lantern	23.2
L	Dana Point Harbor Dr	23.5
R	Park Lantern/PCH Sidepath/PCH	23.9
L	E Avenida Pico	28.0
L	W Avenida Vista Hermosa	28.3
L	Avenida La Pata/Antonio Pkwy	31.1
L	Oso Pkwy	40.0
R	Marguerite Pkwy	41.8
Stop @ Circle K Oso & Marguerite		41.8
L	La Paz Rd	42.7
R	Muirlands Blvd/Barranca Pkwy	43.8
L	Jeffrey/University/Eastbluff	52.6
R	Jamboree Rd	59.4
R	PCH	60.9
R	5th Street: End @ Bruxie	68.6

Laguna Canyon/El Toro 45 Miles		
	Meet @ HB Pier	
R	PCH	0.0
Regroup @ Laguna Main Beach		15.3
L	Broadway/Laguna Canyon Rd	15.4
R	El Toro Rd	18.8
L	Moulton Pkwy/Irvine Ctr Dr	21.8
L	Alton Pkwy	25.6
L	Jeffrey/University/Eastbluff	28.3
R	Back Bay Drive	33.7
R	Newport Dunes Bridge	36.9
R	PCH	37.6
R	5th Street; Meet @ Bruxie	44.4